

5-HTP

Griffonia Simplicifolia Extract



Vegetarian Formula

- Supports a healthy mood, appetite and sleep.*
- Non-GMO • Soy Free
- Vegetarian Formula
- Natural Plant Source / *Griffonia Simplicifolia*
- Free of the "Peak X" contaminant
- Other Ingredients: Rice Flour, Vegetable Capsule (No Magnesium Stearate)



5-HTP (5-hydroxytryptophan) is a naturally occurring metabolite of the amino acid tryptophan. 5-HTP is converted in the brain to serotonin, a neurotransmitter substance found at the junctions (synapses) between Neurons.

Healthy Origins®
Healthy Value from Reliable Origins

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