

Biotin



Healthy Origins® Biotin (Vitamin B7) is a water soluble, essential B vitamin which is naturally found in bread, liver, pork, salmon, avocado, cheddar cheese, and egg yolks. It may also be found in certain bacteria colonies in the large and small intestines. *

Biotin is widely known for its importance in cellular development and its assistance in fatty acid, carbohydrate, glucose and amino acid metabolism. Biotin is also a very important nutrient in hair, skin and nail health.*

AVAILABLE IN:

5,000 mcg 60 Vcaps
5,000 mcg 150 Vcaps
5,000 mcg 360 Vcaps

10,000 mcg 60 Vcaps
10,000 mcg 150 Vcaps

Supports healthy hair, skin and nails *

Supports energy production *

Suitable for Vegetarians and Vegans

Soy Free

Non-GMO

**Other Ingredients: Only Vcaps
(Cellulose and Water) and Rice Flour.**

No Magnesium Stearate!

Healthy Origins®

Healthy Value from Reliable Origins

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