

# Healthy Origins® 5-HTP

50 mg  
120 Veggie Capsules  
Item# 35072

**Economy Size**



- Vegetarian Formula
- Supports a positive mood\*
- Naturally Sourced

**Directions: Adults: Take one (1) veggie capsule once or twice daily, preferably on an empty stomach or as directed by a physician.**

Healthy Origins® 5-HTP (5-Hydroxytryptophan) is a naturally occurring substance extracted from the seeds of the *Griffonia simplicifolia* plant. 5-HTP is a precursor to serotonin which is a vital neurotransmitter in the body. Serotonin is one of the primary neurotransmitters which supports healthy mood, appetite and sleep.\*

Healthy Origins® 5-HTP is guaranteed to be free of the “peak x” contaminant.\*

Supplement Facts		
Serving Size: 1 Veggie Capsule		
	Amount Per Serving	%DV
5-HTP (5-Hydroxytryptophan) ( <i>Griffonia simplicifolia</i> Seed Extract)	50 mg	†
† Percent Daily Value (%DV) not established		

**Other Ingredients:** Rice Flour, Vegetable Capsule (HPMC, Water)

**Does Not Contain:** Sugar, Yeast, Wheat, Gluten, Soy, Barley, Fish, Shellfish, Peanuts, Egg or Milk. No Artificial Sweeteners, Flavors, Colors or Preservatives.

**Caution: Do not take if you are pregnant, nursing or have a medical condition. If you are taking anti-depressant SSRI's, MAOI's or sedatives, please contact a physician before use. May cause drowsiness.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.